

# Hope Academy of NWA

*School is in session 2022-2023*

## QUOTES TO REMIND CHILD

**“I will do great things today!”**

**“Today, anything is possible”**

## REMINDERS

**Drop off: 7:30-8:00AM**

**Pick Up: 2:50-3:15PM**

**Please do not drop your child off and leave them under the awning in the mornings. We will open the doors at 7:30 to welcome them in for the day.**

**For your child to be most successful, we want to make sure that they are dressed for success, they have had a good meal the night before, and they have a full night of rest. We see most of our behaviors whenever the child is tired and/or hungry.**

**Specials Schedule: Mon: PE Tue: Music Wed: PE Thurs: STEAM Fri: Art**

**COMMITMENTS:** Whenever your child is in school, they will hear these commitments. Each morning they will start their day off by talking about what each of the commitments mean and then they get to choose which one they want to work on for the day.

- ❖ **Actions have Consequences**
  - We have previously discussed a boundary and whenever they cross the boundary they are reminded that their actions have consequences.
- ❖ **Stick Together**
  - We stay in rotations and stay with our class when we are transitioning to lunch, specials, recess etc
- ❖ **Gentle and Kind**
  - We are gentle and kind with our words and not just our body. Our facial expressions and words should be gentle and kind
- ❖ **No hurts**
  - Using our body to be gentle
- ❖ **Show Respect**
  - We will have them to be able to decide if their actions and words are being helpful or hurtful
- ❖ **Use your words**
  - When they seem frustrated or upset, we want to help them be able feel their emotions and help guide them through the process
- ❖ **Listen and Respond**
  - Be a first time listener.